



YEAR 5 GLOBAL REPORT
EXECUTIVE SUMMARY

The Hologic Global Women's Health Index

Pathways to a Healthy
Future for Women



MEASURED BY GALLUP®

A Letter from Hologic's CEO

Hologic is guided by our purpose, our passion and our promise. Our purpose is to enable healthier lives everywhere, every day. Our passion is to champion women's health globally. Our promise is The Science of Sure®, a commitment to provide healthcare professionals with clinically differentiated, high-quality products.

Driven by our belief that what gets measured gets results, we collaborated with Gallup to create the Hologic Global Women's Health Index. Based on an annual survey, the Index provides decision-makers, researchers and advocates with timely, comprehensive data about women's health and well-being worldwide. We're proud that we've now provided five years of rich data to help track progress and guide action.

This year's report includes some highly encouraging signs of progress for women's health.

Most notably, more women are getting tested for cancer, high blood pressure, and diabetes than at any point in the history of the Index. Yet just over half of women worldwide still did not receive a single test for any of these preventable conditions.

Beyond testing, a host of other challenges remains. For example, a third of women experienced daily physical pain, and nearly one in four had health problems serious enough to interfere with their daily lives. And many women reported being unable to afford food or housing at some point in the past year.

At a time when global health is under threat, we hope this report will spark bold action from leaders around the world – leaders like you – to improve the health and well-being of women and girls. Together, we can save lives and create a healthier future for all.



Stephen P. MacMillan

Chairman, President and Chief Executive Officer of Hologic





About The Index

Since 2020, the Hologic Global Women’s Health Index has helped fill a critical gap in what the world understands about the health, safety and well-being of women.

Informed by women’s own experiences and opinions, the Index tracks multiple dimensions of health: Preventive Care, Emotional Health, Opinions of Health and Safety, Basic Needs and Individual Health.

The Year 5 Index report is based on surveys conducted in 2024 in person and by telephone with over 145,000 women/girls and men/boys aged 15 or older in 144 countries and territories. The findings in this report are representative of 97% of the global adult population aged 15 or older.

The latest findings offer a vital benchmark, capturing the state of women’s health just before significant reductions in global aid in early 2025.



Key Findings



In Year 5, more women than at any point in the Index’s history were tested for high blood pressure, diabetes and cancer.

Testing for high blood pressure reached 39%; diabetes testing rose to 24%, and cancer testing rebounded from its previous low, climbing to 13%. However, STI testing remained stagnant at 10%. And based on the survey results, it is projected that more than 1.5 billion women worldwide – over half of the global adult female population – did not receive a single test for any of these conditions in the past year.



Women’s perceptions of their personal safety have improved.

In Year 5, a record-high 67% of women said they feel safe walking alone at night in their communities. But an estimated nearly 1 billion women still reported feeling unsafe.



High levels of worry and sadness continue to negatively impact women’s emotional health.

More women report feeling worried (42%) and sad (28%) today than in Year 1, underscoring a concerning rise in negative emotional experiences over time.



An estimated 1 billion women struggle to afford the basics.

Nearly four in 10 women said there were times in the past year when they couldn’t afford food, and almost one in three struggled to afford housing.



Women’s physical health continues to suffer.

A third of women experienced daily physical pain, and nearly one in four reported health problems serious enough to interfere with activities.

Global Results and Rankings

The Hologic Global Women’s Health Index condenses women’s answers into a single score across five dimensions of health.

Some of these dimensions reflect elements perceived to be within a woman’s own control – such as those contingent on individual health behaviors – while others capture aspects shaped by broader social, environmental and political conditions.

Index scores range from 0 (worst) to 100 (best). Although the survey includes men to help identify gender gaps, Index scores are based only on women’s responses.

Overall, the world scored 54 out of 100 on the Index in Year 5 – the same score as in Year 1. This means that despite important gains in some areas, global women’s health has not improved overall in recent years.

At the country level, Index scores increased in 28 countries and decreased in 10 from Year 1 to Year 5. Scores for Year 5 range from a high of 69 in Taiwan to a low of 32 in Chad.

Top 20 Countries/Territories by Index Score

| Rank | Country/Territory | Hologic Global Women’s Health Index Score |
|------|----------------------------|---|
| 1 | Taiwan, Province of China | 69 |
| 2 | Latvia | 66 |
| 3 | Japan | 66 ↑ |
| 4 | Vietnam | 65 ↑ |
| 5 | Poland | 65 ↑ |
| 6 | Singapore* | 65 |
| 7 | Germany | 65 |
| 8 | Austria | 65 |
| 9 | Slovakia | 64 ↑ |
| 10 | Switzerland | 64 |
| 11 | Denmark | 64 |
| 12 | Czech Republic | 64 |
| 13 | United States | 64 |
| 14 | Mauritius | 63 |
| 15 | Kosovo | 63 ↑ |
| 16 | Belgium | 63 |
| 17 | Sweden | 63 |
| 18 | Lithuania | 63 ↑ |
| 19 | Hong Kong, S.A.R. of China | 63 |
| 20 | South Korea | 63 |

Bottom 20 Countries/Territories by Index Score

| Rank | Country/Territory | Hologic Global Women’s Health Index Score |
|------|---------------------------------------|---|
| 124 | Pakistan | 43 |
| 125 | Peru | 43 ↑ |
| 126 | Myanmar | 42 ↑ |
| 127 | Bolivia | 42 |
| 128 | Morocco | 42 ↑ |
| 129 | Cameroon | 42 |
| 130 | Mauritania* | 42 |
| 131 | Niger* | 40 |
| 132 | Togo* | 40 |
| 133 | The Comoros* | 40 |
| 134 | Benin | 39 ↑ |
| 135 | Gabon | 39 |
| 136 | The Republic of the Congo | 39 |
| 137 | Venezuela | 39 |
| 138 | The Democratic Republic of the Congo* | 38 |
| 139 | Guinea | 38 |
| 140 | Madagascar* | 38 |
| 141 | Sierra Leone* | 37 |
| 142 | Liberia* | 37 |
| 143 | Chad* | 32 |

Arrows up or down indicate meaningful **increases** or **decreases** of 5 points or more between Year 1 and Year 5. Asterisks denote countries not surveyed in Year 1.

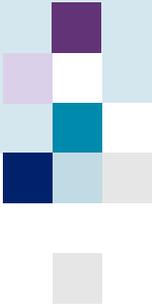


Signs of Global Progress, but Gaps Remain

After years of stagnation, and even some setbacks, preventive care for women improved for the first time in the five-year history of the Index. About 70 million more women received potentially life-saving tests between Year 4 and Year 5.

In Year 5, 39% of women reported being tested for high blood pressure, 13% for cancer, and 24% for diabetes. Each of these is up several points from the previous year to their highest levels since Year 1.

However, there was no improvement in testing for STIs, for which only 10% of women reported being tested. And 54% of all women – approximately 1.5 billion globally – reported not being tested for any of these four diseases or conditions.

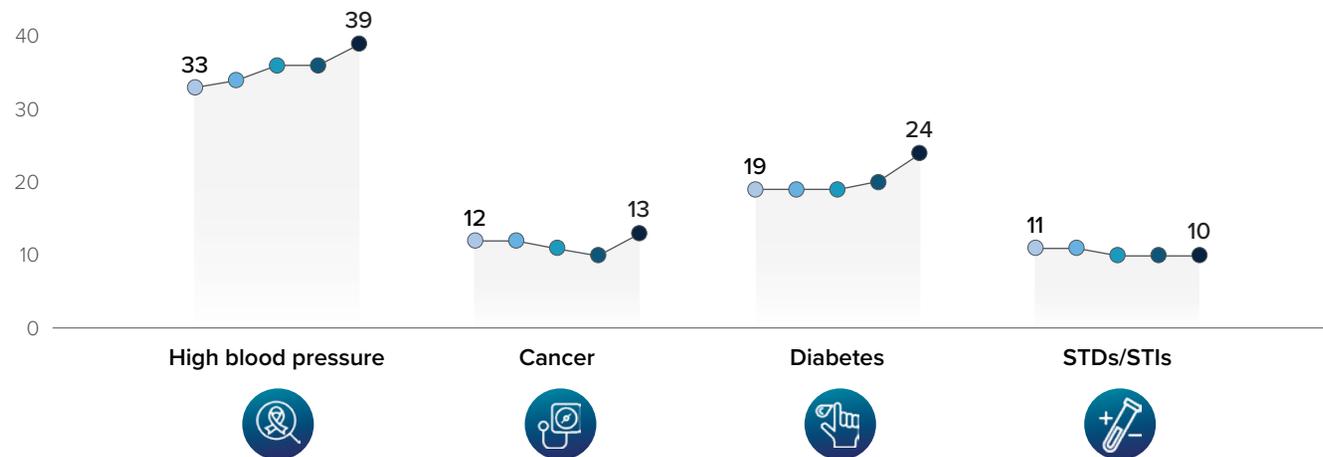


Percentages of Women Tested in Past 12 Months

To the best of your knowledge, were you tested for any of the following in the past 12 months?

% Yes

● Year 1 ● Year 2 ● Year 3 ● Year 4 ● Year 5



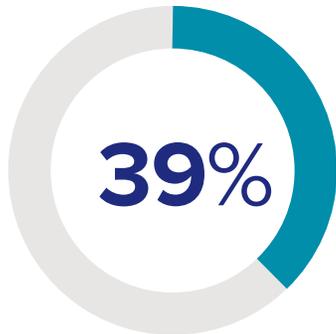


PREVENTIVE CARE



High Blood Pressure Testing: More Women Rolling Up Their Sleeves

In Year 5, more women reported being tested for high blood pressure than at any point since Year 1. Globally, 39% of women said they had been tested in the past 12 months, marking a three-point increase from the previous high of 36% in Year 4.



of women were tested for high blood pressure.



Cancer Testing: Rates Rebound from a Five-Year Low

After declining for the first time in the Index's history in Year 4, women's cancer testing rates rose three points to 13% in Year 5, meaning that approximately 60 million more women were tested. Most of the rebound between Year 4 and Year 5 was driven by women aged 40 and older, and by those living in high- and upper-middle-income economies.

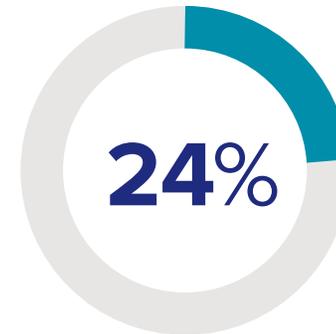


of women were tested for any type of cancer.



Diabetes Testing: Rates Run Higher

In Year 5, almost one in four women worldwide (24%) reported being tested for diabetes in the past 12 months, the highest percentage in the Index's history. The four-point increase from the 20% who were tested in Year 4 translates into 100 million more women being tested for diabetes.



of women were tested for diabetes.



STI Testing: Global Levels Remain Static

STI testing was the only area of preventive care that did not improve in Year 5. The 10% of women who reported being tested for an STI in the past 12 months is unchanged since Year 1. This means nearly 2 billion women of reproductive age are at risk of infertility, increased maternal and fetal mortality and deadly diseases.



10%
of women were tested for STIs.



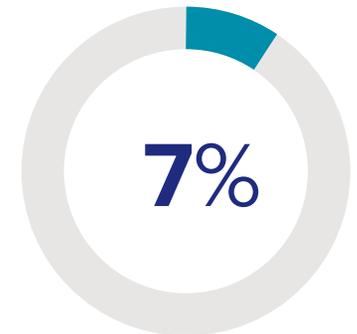
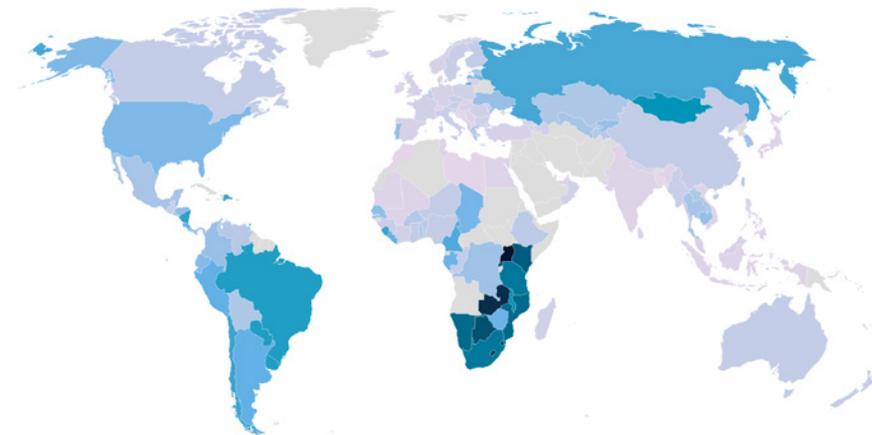
HIV Testing: One in 14 Women Worldwide Tested

Globally, 7% of women in Year 5 said they were tested for HIV – similar to the 6% who said so in Year 4. HIV testing rates range from a low of zero in a host of countries mostly clustered in the Middle East and North Africa to 46% in Uganda.

Rates of Women Tested for HIV Globally

Were you tested for HIV/AIDS?

(% Yes)



7%
of women were tested for HIV.

“I always make sure to check for HIV, whether I have a fever or not.
You must have the courage to get tested.”

– FLORA, 30, TANZANIA



Sadness and Worry Linger at High Levels

The Year 5 survey shows that women's emotional health – measured by self-reported experiences of worry, sadness, stress and anger during the previous day – remains relatively stable. Sadness declined slightly from Year 4, but levels for all four emotions remain elevated when viewed across Gallup's nearly 20-year global trend. More women reported feeling sad (28%) and worried (42%) in Year 5 than in the first year of the Index.

Negative Emotions Remain Elevated Among Women



2.3 in 10 women are **angry**



3.8 in 10 women are **stressed**



2.8 in 10 women are **sad**



4.2 in 10 women are **worried**

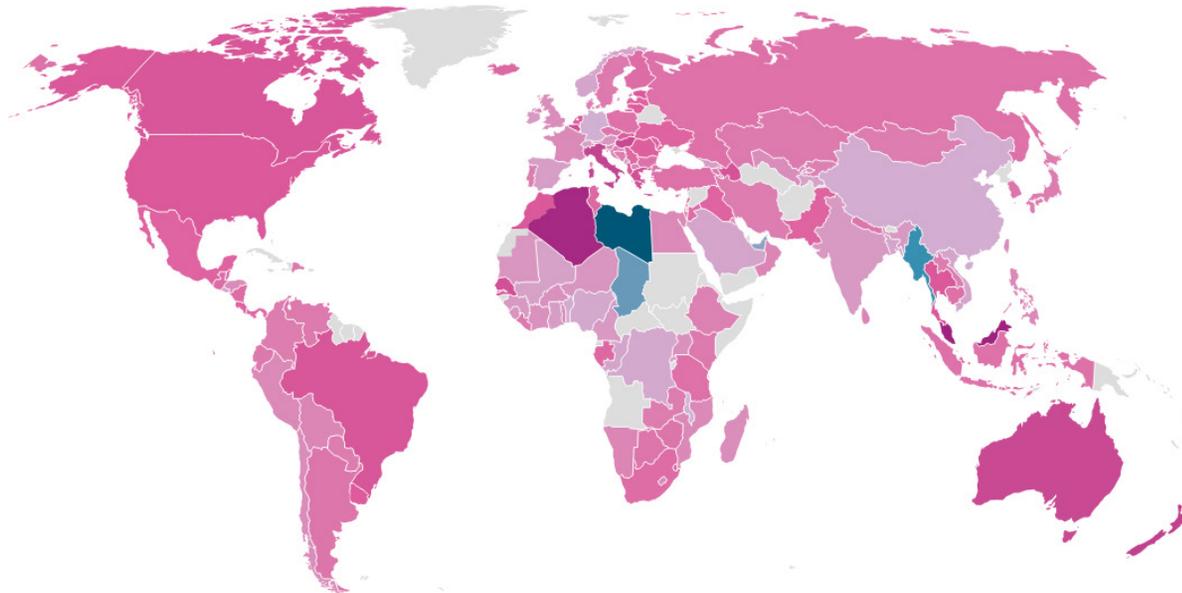


More Women Feel Safe

Women feel safer in their communities today than at any point in the past two decades.

The percentage of women who feel safe walking alone at night where they live rose to a new high in Year 5; 67% of women said they feel safe, up from 63% in Year 4. Still, 32% of women – which translates into approximately 1 billion women – felt unsafe.

Gender Gap in Feeling Safe Walking Alone at Night



67% of women said they feel safe in their communities.

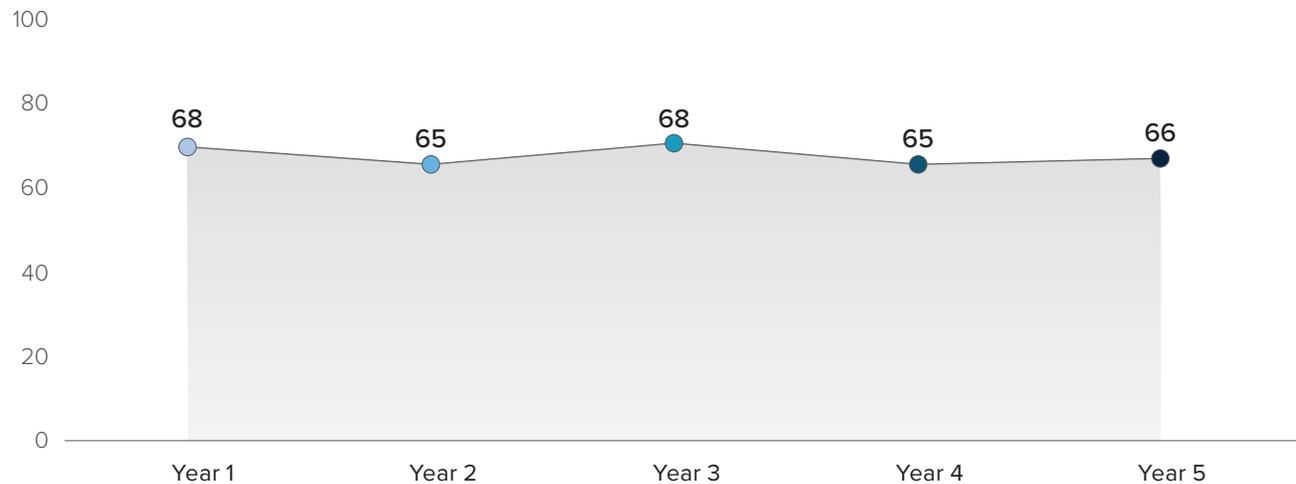


OPINIONS OF HEALTH AND SAFETY

Women’s satisfaction with the availability of quality healthcare and prenatal care where they live remains steady. While 66% of women said they were satisfied with the availability of quality healthcare – a one-point increase from Year 4 – this figure is lower than the levels reported in Years 1 and 3.

Women’s satisfaction with the availability of quality healthcare and prenatal care where they live

● Year 1 ● Year 2 ● Year 3 ● Year 4 ● Year 5



“Improving women’s health means listening to what women need, to how they experience the system, and to where we’re still falling short. That’s how we build something better.”

– JHANVI,
HEALTH SYSTEM EXECUTIVE,
CANADA

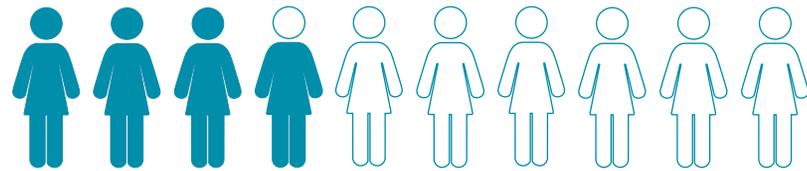


BASIC NEEDS

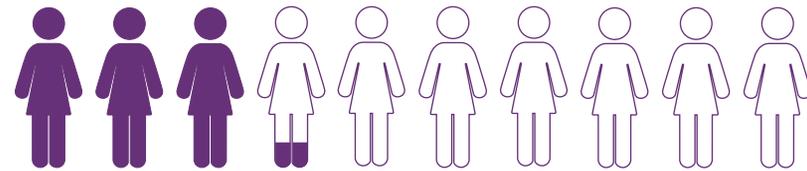
An Estimated 1 Billion Women Still Struggling to Afford Food and Shelter

Women's inability to meet their most fundamental needs – food and shelter – remained elevated and largely unchanged in Year 5. Nearly four in 10 women (37%) said there were times in the past year when they did not have enough money to buy food for their family; this represents over 1 billion women. Three in 10 women (31%) said they did not have enough money to provide adequate shelter or housing for themselves or their family in the past year; this represents nearly 900 million women.

Women Struggling to Afford Basic Needs



3.7 in 10 women couldn't afford food at times in the past 12 months



3.1 in 10 women couldn't afford shelter at times in the past 12 months



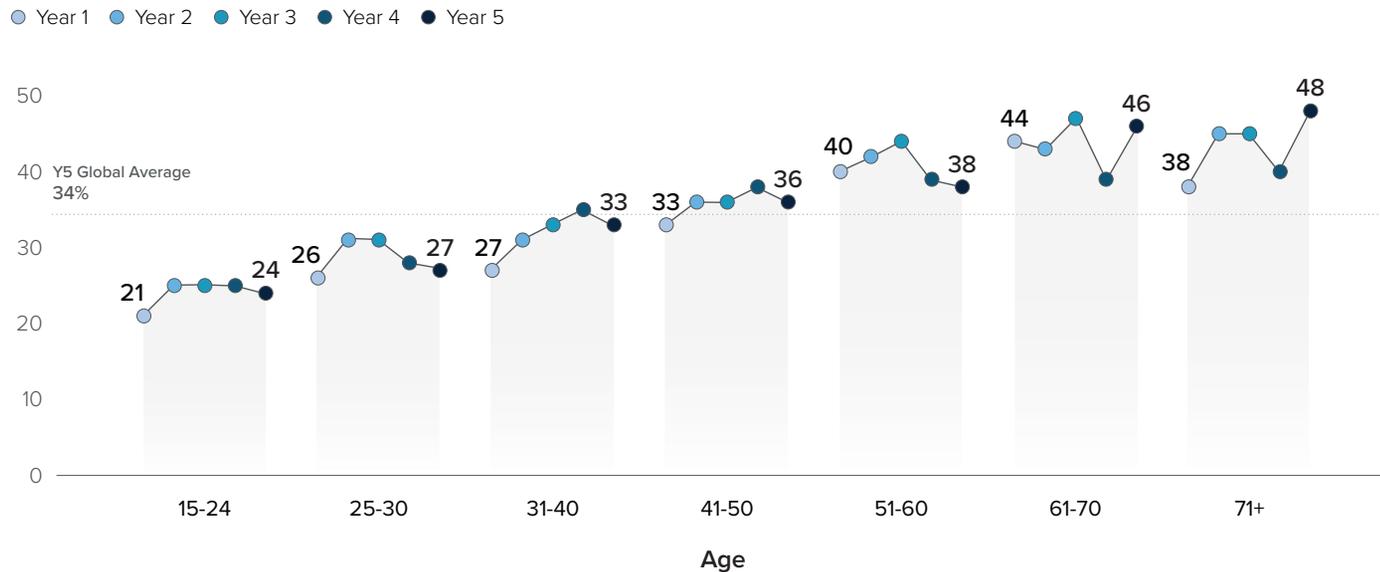
Physical Pain, Health Problems Persist for Women

Thirty-four percent of women in Year 5 said they experienced physical pain during much of the previous day.

This is similar to results in Year 2, 3 and 4, but pain remains higher than it was in the first year of the survey. In all five years, more women than men said they experienced physical pain.

Nearly one in four women continued to have health problems that prevent them from doing things people their age can normally do. This is down two points from the previous year but still represents approximately 700 million women.

Percentages of Women Experiencing Physical Pain by Age



“Health is everything.
If you’re healthy,
you’re productive.
You can stay active,
achieve your goals,
and live your life.”

– KAJOL, 30, INDIA



Turning Insights Into Impact

The Hologic Global Women's Health Index provides a vital benchmark for understanding the state of women's health worldwide. But these insights are only as powerful as the actions they inspire. Closing persistent gaps in women's health will require investment, education and culturally responsive strategies that prioritize prevention.

Improving the health and well-being of women and girls is a shared responsibility. Achieving meaningful change requires collaboration and a global commitment to:

- **Develop and implement country-specific women's health strategies** that establish a lifelong road map for generational health and wellness. Key elements could include: expanding preventive care through improved access to screenings, vaccines and early interventions; targeted campaigns to elevate the awareness and engagement of women in their health across their lifespan; addressing stigma about menstrual health, endometriosis and menopause; closing research and training gaps between treating male and female health conditions; and establishing dedicated funding for women's health services, research and wellness programs.
- **Increase public and private investment** to scale up data-driven approaches that improve health outcomes for women across their lifespan and accelerate research and development that focuses on women's health conditions that are under-researched, underfunded or poorly understood.
- **Address the root causes of poor health**, including gender inequity, poverty, health literacy, social stigma and other structural barriers to care.
- **Expand access to screening and early detection**, particularly for cancers and other conditions that disproportionately affect women. This can include harnessing AI to close knowledge gaps, enhance diagnostic accuracy and improve treatment options.

Women and their advocates need to be actively represented in shaping health policy, research agendas and funding decisions. Collaboration can produce meaningful — and lasting — change that ensures women everywhere have the opportunity to reach their full health potential, with lasting benefits that ripple across the globe making a positive impact on economies, families and societies for generations to come.

For the full report, Year 5 data and other resources, please visit [womenshealthindex.com](https://www.womenshealthindex.com).





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For more information about this research, please visit

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